



Park & Recreation

Golden Hill Recreation Center

2600 Golf Course Dr. San Diego, CA 92102

(619) 235-1138 Phone (619) 237-5227 FAX

2016 Summer Program



RECREATION CENTER STAFF

Brian Anthony	Area Manager
Yvette Lopez	Center Director II
Michael Savage	Assistant Center Director
Cesar Rivera	Recreation Leader II
Vivianne Atkins	Recreation Leader I
Quentin Ivy	Recreation Leader I
Bailey Eames	Recreation Leader I
Rodney Major	Ground Maintenance Worker II

HOURS OF OPERATION

Monday	11:00 a.m. - 9:00 p.m.
Tuesday	11:00 a.m. - 9:00 p.m.
Wednesday	11:00 a.m. - 9:00 p.m.
Thursday	11:00 a.m. - 9:00 p.m.
Friday	11:00 a.m. - 9:00 p.m.
Saturday	10:00 a.m. - 3:00 p.m.
Sunday	10:00 a.m. - 3:00 p.m.

HOLIDAY CLOSURES



Memorial Day
Monday, May 30



Independence Day
Monday, July 4



Labor Day
Monday, Sept 5



All City of San Diego parks and beaches are smoke free.



REGISTRATION INFORMATION

ONLINE CLASS REGISTRATION

- Registration is taken on a first come, first serve, walk in basis. Telephone or mail registration is not accepted.
- When classes fill to capacity, waiting lists are formed. Classes may be expanded to accommodate additional students.

PAYMENT POLICY

- Payment is required at the time of registration or permit created.
- Payment methods for registration are credit cards, exact cash or a check.
- Credit cards accepted are VISA, MasterCard, American Express and Discover. Debit cards are not accepted.
- Registration deadline is the second class meeting. No registrations will be accepted after the second scheduled class meeting.
- A **\$25.00** service fee will be charged for ALL returned checks.
- Class fees are not pro-rated or discounted after the beginning of the scheduled session.

REFUND POLICY

- This policy applies to programs offered by the Golden Hill Recreation Council. There are no refunds available for programs with less than four class meetings. There are no partial refunds or make ups for missed classes (i.e. illness, vacation etc.)
- All approved refund requests will be paid by check including transactions paid with cash. A GHRC Refund Request Form and the registration receipt must be submitted at least 48 business hours prior to the second scheduled class meeting.
- If a class is cancelled due to class minimums not being met; registrants will be notified and a refund check will be issued and mailed to the address on file.
- If registrants are unhappy or do not participate after the refund deadline, a refund cannot be processed. Cooperation and understanding is appreciated.
- Refunds or credits will be determined on a case by case basis by the Center Director.

ONLINE REGISTRATION INFORMATION

Log onto: www.SDRecConnect.com

Returning Customers (previously registered for classes online) -

Click the "My Account" button. Enter the Login (email) and password. Log in with this password to activate the account.

New Accounts – click on the "Create Account" button. Fill out the New Account request form completely, including all required fields (Birth date, gender, email address, etc.) and click submit. Please submit the request only once. A confirmation email at the email address that was provided. Please follow directions provided to activate the account.

Parents must activate their account first using their own information. Once there is an online registration account, you there will be an opportunity to add a child as a family member.

Help is available by clicking the FAQs (Frequently Asked Questions) button for information.

All customers will be charged a \$2.00 transaction fee for all online and In-house registration and reservation transactions. Additionally, a 3% credit card fee will be applied when a credit card is used to process payment. Rates are established by the service provider and are nonrefundable.

IN HOUSE REGISTRATION HOURS

Monday—Friday 12:00 p.m. - 6:00 p.m.

PERMIT HOURS

PERMITS ARE ISSUED TUESDAY—THURSDAY
BY APPOINTMENT ONLY WITH
CENTER DIRECTOR

Please Call 619-235-1138 to schedule.

PARK & FACILITY INFORMATION

AMENITIES

This is a City of San Diego Park and Recreation Department facility that is free and open to the public during designated hours.

- Indoor basketball and volleyball court
- Game room with table tennis, billiards and foosball table
- Two handball courts
- Two meeting rooms *
- Ceramics/Art Studio
- Large playground
- Passive picnic areas with Outdoor Barbeques
- Two Outdoor Basketball full courts
- Multi purpose fields *
- Community Clubhouse *

* Open for paid reservations, pending availability.

Recycling Info

Golden Hill Recreation Center has one recycling bin located at the south end of the park adjacent to the community clubhouse.



It accepts aluminum cans, newspaper, glass and plastic. Illegal dumping is prohibited.

AED Location

Our facility is equipped with an AED (Automated Defib Device). It is stored outside the main office in the gymnasium building. All center staff is trained on its use as well as basic first Aid and CPR.



GYMNASIUM USAGE

A monthly gym schedule is available at the Recreation Center for all free play activities. Times are subject to change without notification. All individuals must be wearing shoes and shirt at all times.

Drinks, food and black soled shoes are prohibited in the gymnasium, no exceptions!

OPEN PLAY BASKETBALL

Free play basketball is open daily inside and outside on a first come, first serve basis. Open play is meant to run full court games. Center rules are posted on the inside wall. All ages are welcome. Private instruction or any organized activity requires a facility permit from the Center Director regardless of the class size, and is based on availability.

OPEN PLAY VOLLEYBALL

Free play volleyball is played Mondays from 6:00 to 8:45 p.m. unless otherwise noted in the monthly gym schedule. Participants are required to set-up and break down the nets and poles.

OPEN PLAY FLOOR HOCKEY

Indoor floor hockey is enjoyed on Friday evening from 6:00 to 8:45 p.m., unless otherwise noted in the monthly gym schedule. Players provide their own equipment and must be 18 years of age or older.

TEEN CENTER/ GAME ROOM

Game room consists of table tennis, billiards table and a foosball table. PS4 games and TV are available for use as well as many board games and craft supplies. More information, hours and availability is available by contacting the office.

HANDBALL

Handball courts are not reserved and available on a first come, first serve basis. Courts may be used for Handball, tennis, or soccer. Outdoor lighting goes out at 10pm daily.

TENNIS/OUTDOOR VOLLEYBALL

Tennis courts are available with prior notification to the center. A Volleyball net and court is available at any time and is available on a first come first serve basis. Outdoor lighting goes out at 10pm daily.

PRE-SCHOOL AGE PROGRAMS

LITTLE ARTIST ART CLASS

(June-#27676; July-#27677; August -#27678)
Parents will have fun with their children in exploring different forms of art and crafts. This creative learning experience will have participants walking away with lasting memories and art work. Each week will be a new project. Projects may include Clay sculpting, painting, Seasonal crafts, and games.

3-5 Years Old – Parent participation required.

Day: Tuesdays **Time:** 11:30am- 12:30 p.m.

Fee: \$15 per month

Instructor: Vivianne/Rec Center Staff

Limited class size of 10.

TINY CHEF COOKING CLASS

Children will learn basic fundamentals of cooking and how to use kitchen equipment in a safe manner while making healthy delicious cuisine. Parents must be present during each class.



3-5 Years Old

Day: Thursday

Time: Noon—1:00pm

Fee: \$30 per month

Session 1: Animal Shapes,

June (#27676)

https://apm.activecommunities.com/sdparkandrec/Activity_Search/27580

Session 2: Healthy finger foods, July (#27677)

https://apm.activecommunities.com/sdparkandrec/Activity_Search/27581

Session 3: Breakfast, August (#27678)

https://apm.activecommunities.com/sdparkandrec/Activity_Search/27582

Instructor: Yvette/Vivianne

Limited class size of 10

Please advise us before registration if there are any food allergies as we will be using our Rec Center kitchen for all food preparations.

MOM (OR DAD) & ME PLAYTIME

Come join other neighborhood parents with young children on our playground each morning at 10 a.m.. We recently completed a complete renovation of our playground and sports fields to ensure your safety. Spread the word and our morning group can grow.

(12-UNDER) BASEBALL LEAGUE

BASEBALL

PEE-WEE T-BALL (#27675) Coach Vivianne

[HTTPS://APM.ACTIVECOMMUNITIES.COM/SDPARKANDREC/ACTIVITY_SEARCH/27579](https://apm.activecommunities.com/sdparkandrec/Activity_Search/27579)

Ages: 5 - 7 years

Time: 4:30-5:15pm

Days: Tuesdays & Thursdays

Cost: \$30.00 per child

U10 Baseball (#27673) Coach Bailey

[HTTPS://APM.ACTIVECOMMUNITIES.COM/SDPARKANDREC/ACTIVITY_SEARCH/27577](https://apm.activecommunities.com/sdparkandrec/Activity_Search/27577)

Ages: 8-10 years

Time: 4:30-5:30pm

Days: Tuesday & Thursday

Cost: 30.00 per child

U12 Baseball (#27672) Coach Cesar

[HTTPS://APM.ACTIVECOMMUNITIES.COM/SDPARKANDREC/ACTIVITY_SEARCH/27576](https://apm.activecommunities.com/sdparkandrec/Activity_Search/27576)

Ages: 10-12 years old

Time: 5:30-6:30pm

Days: Tuesday & Thursday

Cost: \$30.00 per child

\$30 Cost includes all administrative fees, a jersey to keep, individual end of season award, and end of season Pizza Party. Register by July 6, 2016

SUMMER DAY CAMP

Golden Hill Day Camp will be held again this year in our local area. We will provide two separate weeks of camp.

Week 1 (#27729)

COST: \$95 per week

Time 10am—3 pm

Age Group: 7-12

Dates: July 25-29

Week 2 (#27730)

COST: \$85 per week

Time 10am—3 pm

Age Group: 7-12

Dates: August 1-5

Parents will be responsible for drop off and pick up at designated sites each day. Daily field trips, guided scavenger hunts, fishing, hiking, nature walks, arts& crafts, swimming, and more.

Detailed Itinerary will be available at the Rec Center Office.

CERAMIC ARTS FOR TEENS

This class teaches the fundamentals of ceramics, including wheel throwing, and glazing. Students will learn to design and create 3D sculptures and accessories. Your family will enjoy a stress free and fun time designing art!

Age 7-16

Day: Monday Time: 6:00 - 8:00 p.m.

Fee: \$30/5 weeks

Instructor: Silvia Mejia

More information available at

silviasceramics@yahoo.com



TEEN PROGRAMS

YOUTH GIRLS SOFTBALL

U15 Softball (#27674)

[HTTPS://APM.ACTIVECOMMUNITIES.COM/SDPARKANDREC/ACTIVITY_SEARCH/27578](https://apm.activecommunities.com/SDPARKANDREC/ACTIVITY_SEARCH/27578)

Ages: 12-15 years old (On Aug 21, 2016)

Days: Monday & Wednesday

Time: 4:30-6:00pm

Fee: \$30.00 per child

Instructor: Coach Vivianne

Register on www.SDRecConnect.com. Instructions are on inside front cover.



TEEN CENTER

Day: Monday- Friday

Time: 4:00 - 7:00 pm

Ages: 12-15 years

Cost: FREE!!!!

Staff: Cesar

Teen Center offers various activities and sports.

Activities include sports teams, homework assistance, volunteer opportunities, movie nights, craft/social projects, table games, field trips and much more. No sign ups are required.

Tournaments for Billiards, Table Tennis, PS4 and Foosball are weekly.



ADULT PROGRAMS

GOLDEN HILL YOGA

We have Yoga/meditation classes available here at our Clubhouse every Monday from 6:30-9pm. We also offer a Seniors Yoga program on Tuesdays from 1:30—3:30pm.



Stop by the office for more information

OPEN PLAY BASKETBALL

Local adults meet up daily from 2-4pm for intense 5 on 5 full court basketball. Games are limited to 12 minutes and players call their own fouls. Waiting lists and Clock are provided.



ADULT SPORTS LEAGUES

SOCCER DISCIPLES SOCCER LEAGUE *

Dates: May 12—June 30, July 7—Sept 1
Ages/Fees: 5-6-\$40, 7-13-\$65, Adult team-\$500
For more information contact at:
Maria@soccerdisciples@gmail.com

NEW ERA BASKETBALL LEAGUE *

www.Newerabasketballleague.com

Day: Thursday

Ages: 18 years and older

Dates: Season starts June 9th

Fee: \$275.00 per team plus ref fees

Interested teams may contact League Director Bailey Lee at (858)254-0111 or via email at sdboassociation@gmail.com.

ADULT SOFTBALL LEAGUE*

Co-ed and Men's Adult Softball Leagues are held year round on our multi-purpose field. Games are held on Tuesdays 6:00 - 10:00 p.m.

Team or individual entries are accepted. More information is available by calling: League Director, Tom Gibson at (619)517-5791 or visit www.sandiegosoftballtournaments.com

The adult leagues listed above are registered independent contractors who utilize our facility. Any fees or scheduling questions should be directed to the individual league contact.

MENS VAVi BASKETBALL LEAGUE *

VAVi Sport and Social Club has year round Tuesday and Wednesday Mens Social Basketball leagues at Golden Hill Recreation Center. VAVi's leagues are a great way to meet new friends and play social sports.

More information and registration is available by contacting Sports Director, Dave Draizen, at (858) 273-3485 ext.10 or www.govavi.com/basketball

VAVi COED Social Softball League *

VAVi Sport and Social Club has year round Thursdays Coed Social Softball leagues at Golden Hill Recreation Center. VAVi's leagues are a great way to meet new friends and play social sports.

More information and registration is available by contacting Sports Director, Dave Draizen, at (858) 273-3485 ext.10 or www.govavi.com/softball

VAVi COED Social Kickball League *

VAVi Sport and Social Club has year round Thursdays Coed Social Kickball leagues at Golden Hill Recreation Center. VAVi's leagues are a great way to meet new friends and play social sports.

More information and registration is available by contacting Sports Director, Dave Draizen, at (858) 273-3485 ext.10 or www.govavi.com/kickball

COMMUNITY EVENTS



Join us Saturday, August 27 here at Golden Hill Recreation Center on our Multi-purpose field as we host an End of Summer Party and our very first Movie in the Park. We will be showing the Disney Movie “The Good Dinosaur” on a giant 30 foot screen. Come enjoy good food, drinks, popcorn, and lots of fun. Bring blankets or low beach chairs for the evening movie.

SUMMER LUNCH

The city sponsored Summer Lunch program will be returning to Golden Hill this summer. We will be providing free of charge a healthy and nutritious lunch for all children aged 1-18.

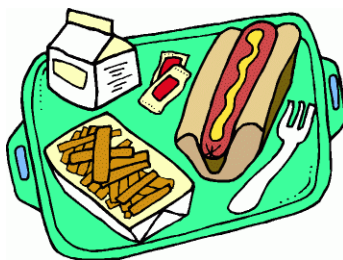
Dates: July 25—August 18

Time: Noon—1:00pm

Cost: Free

Ages: 1-18

We will also have a BBQ lunch on Friday, August 5th.



TEEN NIGHT



Teen Nite is also re-turning to Golden Hill for the summer. Come join us for food, trips and a safe place to relax on Friday Nights.

There is no cost to attend and all teenagers 12-17 are welcome every Friday from 5:30—8:30 here at the Rec Center. This program will run July 8 through August 26. Staff will host catered dinners from places like Olive Garden and Rubios. Various trips are planned including Padres Games, Bowling, Game Trucks, Inflatable Obstacles Courses and Laser Tag. Each week is something new and exciting.

OPPORTUNITIES

INDEPENDENT CONTRACTOR

REQUIREMENTS

All contractors, sub-contractors and volunteers must be fingerprinted through the City of San Diego Live Scan Process. Contractors must maintain a business license and proof of insurance. City staff handles all registration for these programs. Contractor must provide Worker's Compensation coverage.

PERMIT HOLDER REQUIREMENTS

Permit holders must provide proof of insurance. Registration is handled by the permit holder. The permit holder is not required to submit proof of fingerprinting for their coaches, volunteers or instructors. No commercial animal activities are permitted on park property.

All Permit Holders are identified in this brochure with an *asterisk.

INDIVIDUALS WITH DISABILITIES

All classes or programs sponsored by the Recreation Council, the City of San Diego Park and Recreation Department can accommodate individuals with disabilities. Upon availability, Therapeutic Services will provide inclusion aides with additional assistance along with Golden Hill Recreation Center contractual staff. Request for this service must be made at least three weeks prior to the first day of the program.

More information on Therapeutic Services is

VOLUNTEERS ARE ALWAYS NEEDED

Volunteers are needed to make a difference in the park or at a recreation facility and there is a place for anyone interested at Golden Hill Recreation Center. Applications are available at the Recreation Center. The minimum age to volunteer is 13. Everyone is welcome and encouraged to become a Park and Recreation Department

GOLDEN HILL RECREATION COUNCIL

This group of concerned residents volunteer their time to advise Park and Recreation staff on matters related to park and recreation programs, community events, equipment and improvements. They plan, promote, publicize and help provide recreation opportunities for citizens in the University City Community. Groups, clubs and leagues using the parks are encouraged to send a representative to the meetings. Meetings are open to the public. New membership is encouraged and welcome. The Golden Hill Recreation Council meets on the 2nd Monday of every other month at 5:00 p.m. at Golden Hill Recreation Center. Any adult who is interested in making an impact or has concerns about these neighborhood parks and recreation center, should attend the meetings. Next Meetings is July 11, 2016.

AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, CREED, SEX, AGE, NATIONAL ORIGIN OR ANCESTRY, RELIGION, PREGNANCY, PHYSICAL OR MENTAL DISABILITY, VETERAN STATUS, MARITAL STATUS, MEDICAL CONDITION, GENDER (TRANSSEXUAL AND TRANSGENDER), SEXUAL ORIENTATION, AS WELL AS ANY OTHER CATEGORY PROTECTED BY FEDERAL, STATE OR LOCAL LAWS. IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT DISTRICT MANAGER (619) 525-8242 OR THE OFFICE OF EQUAL OPPORTUNITY, U. S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST.